BIG
AND
SMALL

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Big and Small have been inside for a very long time.
"I want to go to the zoo," whined Big. "I hear there is a new lion!"
"We can't," said Small. "It is not safe yet. The Coronavirus is still outside."
"Is the Coronavirus big?" asked Big.
"No," answered Small. "It is actually really tiny."
"Well something so small can not hurt me," chuckled Big.
"But it can!" cried Small.

"How?" asked Big.
"If it tries to bite me, I will bite harder!" said Big confidently.
"It will not bite you," said Small.
"Well then," replied Big. "If it tries to kick me, I will kick it faster!"
"It will not kick you," said Small.
"Wellllll, if it tries to **growl** at me, I will growl louder!" roared Big.
"It will not growl at you," said Small.
"Then why should I be scared?" asked Big
"Because," cried Small, "it will **infect** you!"

"Infect me, can I infect it back?" asked Big again.
"No," laughed Small. "You are too big, Big. A virus is so small it can infect you by getting into your body. When it is inside your body, it grows and makes you feel sick."
"Ohhhhhhh nooooooo," cried Big. He started to panic. "How do I stop it?"
"It's ok," said Small. "All you need to do is wash your hands, cover your mouth, and stay home where it is safe."
"Ahhhhh, I am already doing all of those things," cheered Big.
"And soon there will be a vaccine, that will prevent, stop it, from coming back," added Small.
"See Big, you have nothing to be afraid of," said Small.
To have more fun with some Dino-friends and learn more about the COVID-19 virus and how it is changing our lives check out this site! athomeplay.org.

To keep the learning going, keep scrolling down!
Words To Know:

coronavirus – a type of virus that spreads very fast and can make people very sick

growl – a low type of noise that animals make when they feel threatened or scared

infect – enter or go into your body

panic – feeling so scared you start making silly choices

vaccine – a type of shot that helps people stop getting sick
Talk To Your Child About:

Coming up with a plan together to stay safe and healthy.

Any questions they have about viruses.

How they are feeling during this time or if they have questions about what is going to happen.
Creating a safety plan for home can help young children feel safe and secure. Work together to write and draw out a safety plan for home. This can include washing your hands before every meal, eating fruits and vegetables, and wearing a mask outside. All you need is paper and colors!